



Teaching a Find It

This is a simple but powerful management technique. With management, we minimize our dogs' exposure to triggers, so that they don't practice the reactive behavior.

The steps to teaching "Find It" to our dogs are:

- Toss a treat in plain view of your dog
- Call out "Find It"
- Wait for your dog to eat the treat

Once your dog has eaten the treat:

- Immediately repeat

When your dog is good at the game:

- Call out "Find It" slightly before tossing the treat.
- Repeat

You can get excited about the tossed treats, pointing to them one at a time to happily connect with your dog. You want your dog to be engaged with you, and with the game, and you particularly want to keep the happy energy going.